



D04.2 - The *induction to Arqus* pack for new students

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D04.2 – Induction Pack

ABOUT ARQUS

As an Arqus student, you are part of a network of more than 300 000 students of different nationalities from all over Europe.

The Arqus Alliance is a European university alliance that brings together nine universities from across the continent. The Alliance was established in 2018 with the aim of fostering cooperation and exchange between its member universities, promoting joint research projects, and enhancing the quality of education and training for students.

The current member universities of the Arqus Alliance are: Granada (Spain), Graz (Austria), Leipzig (Germany), Lyon 1 (France), Maynooth (Ireland), Minho (Portugal), Padua (Italy), Vilnius (Lithuania) and Wroclaw (Poland). The National University Kyiv-Mohyla Academy (NaUKMA) of Ukraine joined the Arqus Alliance as a new associate partner in September 2022. NaUKMA's partnership brings new opportunities for the Alliance to support Ukrainians and Ukrainian higher education through direct collaboration with this leading research and autonomous university.



Together, these universities represent a vibrant and diverse community of scholars, students, and staff who work collaboratively to advance knowledge and promote mutual understanding. Through the Arqus Alliance, they have established a wide range of joint activities, including research collaborations, joint degree programs, student and staff mobility programs, and joint outreach and engagement initiatives.

Arqus allows you to actively participate and be involved in the activities and events taking place in the nine universities of the Alliance. If you are interested in inclusion and diversity, quality learning, multilingualism, entrepreneurship, research support or European citizenship you can join one of the working groups and take part in the development of the activities, gaining international experience, enhancing your curriculum vitae and having the opportunity to contribute to shaping the future higher education.

Arqus Alliance offers you all kinds of resources to get the most out of your time at university. These are some of the opportunities you can access as an Arqus student:

- To study at the partner universities with full academic recognition through a shared academic offer.
- To improve your language skills and intercultural communication skills.
- To get closer to other cultures and broaden your horizons.
- To carry out professional internships in companies in the European Union.
- To participate in building an inclusive and flexible university.

WHAT ARE WE DOING FOR YOU

Students are at the heart of the Alliance's activities – their participation and engagement is promoted in multiple ways.

Arqus Alliance follows a path of engagement of students as change agents, empowering students as leaders, enhancing the Alliance experience through collaboration, partnerships between all the stakeholders. Within Arqus you will be integrated in an Alliance that cares about you... How?

STUDENT AGORA

The Arqus Student Agora aims at promoting student participation and enhancing student engagement at Alliance level, enhancing the students' Arqus experience through student-led creative projects, accelerating students' personal and professional development, enhancing Arqus student services. Arqus Student Agora has a very unique feature. Every university forms a group of "student contributors" that meet and design together with the team the student-centred programmes included in the agora. The contribution does not stop at the moment of implementation, but rather goes beyond the process and implies the yearly monitoring and updates of the deliverables.

THE STUDENT-LED ARQUS CHANGE MAKERS' SPACE (ACMS)

The student-led ACMS focuses on empowering students to lead in the development of Arqus into an increasingly student-centred alliance. This space invites students to co-design short projects aimed at enhancing the inter-institutional student experience within the Alliance. The goal is to support innovative and collaborative initiatives that will promote cultural exchange and the integration of international students across the Arqus member universities. The ACMS includes the establishment of a yearly joint call for students co-designed projects and an induction pack for new students from all partners.

ARQUS STUDENT AMBASSADORS PROGRAMME

Arqus Student Ambassadors Programme aims to enhance experience sharing and support amongst students. This is accomplished by matching Arqus Ambassadors (students with prior Arqus mobility experience) with incoming or future outgoing students to develop sustainable student community networks attuned to the unique needs of mobility participants.

As Arqus Ambassadors, students will have the opportunity to participate in a variety of training and activities, such as promoting and participating in events, facilitating communication between their home university and other members of the Alliance, and contributing to the development of joint projects.

The programme offers students the chance to develop valuable skills, such as cross-cultural communication, teamwork and leadership, while also gaining a deeper understanding of the academic and cultural contexts of the Arqus Alliance partner universities.

ARQUS STUDENT SERVICES NETWORK TOOLKIT

Arqus Student Services Network Toolkit Partners' student services in collaboration with Arqus students will develop a toolkit on how European Universities can enhance student experience across institutions. The toolkit will likely cover a wide range of topics, such as academic support, career guidance, mental health services, student engagement, and international student support, among others. By addressing

these areas, the toolkit can help universities identify areas for improvement and implement evidence-based practices that positively impact the lives of their students.

ARQUS ALUMNI MENTORSHIP PROGRAMME

Arqus Alumni Mentorship Programme aims to enhance the culture of knowledge and network sharing amongst current students and alumni. This is accomplished by matching Arqus alumni (mentors) with current students or recent graduates (mentees) with the objective of counselling and supporting students in work-integrated learning and in the transition to the world of work, especially in transnational contexts. The Arqus Alumni Mentorship Programme is a unique opportunity for Arqus alumni to support the next generation of professionals. The program will serve as a vehicle for promoting Arqus' core values of academic excellence, mobility, and societal engagement by providing mentees with valuable insights and guidance to help them achieve their personal and professional goals. The goal is to provide the mentees with personalised guidance, advice, and support, developing skills, and making informed decisions about the Alliance.

ARQUS ON THE MOVE

Arqus on the Move relates to Mobility as it is the key through which Arqus will renew and reinforce the Open Mobility Agreement already in place since 2019. Each task addresses specific challenges or themes that feed into one another that will lead to a sustainable Arqus mobility culture emerging from the strengths of individual partners and joint mobility activities.

STUDYING ABROAD

Studying abroad is often a great way to improve your soft skills like communication and language proficiency, awareness of the surrounding environment, building confidence, learning new ways of dealing with problems and situations and so on. The benefits of studying abroad are manifold.

Currently, you can access a wide range of mobility offers (studies, summer courses, internships, volunteering, etc.), both face-to-face and virtual. In the medium and long term, any student of the Alliance will be able to take advantage of open mobility programs leading to formal recognition of a European degree, both Bachelor's and Master's degrees.

THE MOBILITY LAB

The Mobility Lab will embark students on a thrilling journey of experimentation and exploration in the realm of mobility. In this unique task, we will delve into the fascinating realm of innovative and inclusive forms of mobility that will expand your horizons like never before.

Firstly, the lab will have virtual mobilities, offering students the possibility of taking online courses. Students will immerse themselves in a world of knowledge and learning, with no need to worry about physical distances or travel expenses.

The Mobility Lab will also dive into the world of short-term mobilities. These are unique opportunities that go beyond the scope of Erasmus+ funding. Students will venture into new territories, exploring

different cultures and environments for shorter periods of time. It's a chance to experience the thrill of mobility without any limitations.

Within the lab, global mobilities from/to partners outside the EU in key Arqus thematic areas will also be created. Students will be able to blend virtual mobilities with short-term mobilities or even mix global mobilities with other forms. This cutting-edge approach allows students to create their own unique mobility experience, tailored to your interests and aspirations.

To ensure a smooth and organised process, common criteria and timelines will be established for student and staff applications, selection, admission, and recognition.

Keep an eye out for the upcoming calls!

ARQUS MOBILITY CULTURE

Arqus Mobility Culture will embrace the Erasmus+ Transversal Priorities of digitalization, sustainability, and inclusivity.

The first endeavour is the creation of a comprehensive online One-stop-shop, seamlessly integrated with the Arqus virtual environment.

Within the Mobility Culture the Tell Your Mobility Story competitions will be launched. The idea is to hear students' inspiring tales of mobility, capturing the essence of their experiences and sharing them with the world.

The team will also explore new ways to implement green mobility.

Sustainability is at the core of our vision, and we're dedicated to finding innovative solutions that minimise our environmental footprint.

Join this thrilling adventure!

ARQUS MOVES

Arqus moVEs is a virtual exchange dedicated to all students starting an international mobility experience at the beginning of academic year 2023/24 (degree seeking or exchange students). The program is open as well to those who haven't had the chance to go abroad for studies yet but are willing to meet new people in an intercultural and multilingual environment.



Whom is "Arqus moVES" for?

This initiative is intended as a pre-mobility project that involves students across:

- different academic background
- different cultures
- different languages
- different ages
- different disciplines
- different time zones

Arqus universities students will meet and welcome international and exchange students who are going to move abroad for the following Autumn/Winter and Spring/Summer semesters.

What will students learn?

Students will develop various skills and competences. In particular, the project will:

- Enhance and foster soft skills.
- Foster intercultural competence and global competence.
- Boost critical thinking.
- Stimulate interest in global issues.
- Create cohesion among participants.
- Cultivate curiosity towards other's culture and active listening - Promote inclusive multilingualism.
- Develop linguistic, digital competences.
- Practice various languages at the same time/simultaneously.
- Boost students' mobility.

ARQUS INCLUSION & DIVERSITY HUB

Arqus Inclusion & Diversity Hub is in charge of promoting the inclusion and diversity culture in all initiatives inside the Arqus Alliance. For the Alliance, supporting the inclusion and diversity culture is very important. We also try to foster engagement of members of the Alliance community as actors of change towards an inclusive and diverse society.

INCLUSIVE TEACHING AND LEARNING

Inclusive teaching and learning is a distinguishing feature of the Arqus academic community. We wish all students are involved in developing and delivering an academic offer which is inclusive by design and also engages pre-university institutions and pupils. Inclusive teaching is a quality assurance criterion and should be considered in the issuing of teaching awards.

ENABLING PEOPLE, EMPOWERING ARQUS INCLUSIVE COMMUNITIES

This is a task aiming at creating inclusive contexts not only inside the Alliance but also in the wider local and European spaces. All partner universities will be supported in networking with stakeholders, including other university alliances, international organisations, public agencies and the private sector, to promote inclusion at the societal level, through training and engagement initiatives. Students, along with the other components of the academic community, are key actors in this endeavour. Namely, Arqus promotes:

- Development of learning resources for inclusive higher education and inclusion-related issues, including a web space repository of learning resources open to students, academic staff, non-academic staff and the citizens.
- A plan to support coordinated actions towards the inclusion of students and scholars at risk, mobilising offices/units and expertise both within the individual partner universities and across the Alliance.

ARQUS PLURILINGUAL AND INTERCULTURAL HUB

DEVELOPING PLURILINGUAL COMPETENCE FOR STUDENTS

This task is aimed at ensuring that students and instructors have the language proficiency and cultural competence they need for their studies and future professional activities, and that subject-specific and language learning go hand in hand.

By developing plurilingual competence for students, Arqus will promote multilingualism and multiculturalism in university programmes, academic discourses and administration, as well as the use of inclusive and non-discriminatory language.

RESOURCES FOR LIFELONG PLURILINGUAL AND INTERCULTURAL LEARNING

To successfully accomplish the assigned task, the Arqus team will engage in various resources and activities. One crucial element is the implementation of the Arqus Charter on Language Policy, which serves as a collaborative policy document highlighting the significance of language and the promotion of multilingualism in higher education.

An essential aspect of this endeavour is the issuance of Arqus certificates of language and cross-cultural competence. This involves establishing an agreement among partner universities to automatically recognize existing certificates. Additionally, this task implies that Arqus partners will establish joint certificates through the Arqus Academy that will be automatically acknowledged. These certificates will serve as official documentation of students' accomplishments in language and cross-cultural competence, aligning with the guidelines outlined in the Council of Europe's Common European Framework for Languages.

ARQUS LEARNING TOOLS

Arqus offers diverse learning tools for language acquisition and cross-cultural understanding in academia. Through the volunteer language and culture programme, Arqus students will participate in language teaching programmes, gaining immersive experiences and supporting host institutions. Through this task, the Alliance will promote knowledge exchange through language assistant exchanges among partner universities, enriching language teaching resources for all involved. Recognizing the importance of multilingual communication, this task will build an online terminological database, facilitating efficient multilingual communication in Higher Education. This task's objective is to take Arqus to a new level of collaboration on joint Translating and Interpreting Programmes, enhancing mobility and enabling joint Master's programmes to excel in translation and interpretation education.

HOW TO BE INVOLVED

By being an Arqus student, you have the possibility to get involved in the Alliance in many ways. Check out how!

MOBILITY

- Planning a mobility to an Arqus University: Are you considering going abroad during your studies? Check out one of the Arqus universities! Located in many different countries in Europe, there is one for you! Whether it is for a semester or a year, you have several opportunities.
 - [Arqus Talent Scholarship Fund](#)
 - [Arqus course catalogue](#)

ACTIVITY

- Taking part in Arqus activities: Don't feel like going abroad for mobility but still want to experience an international activity? Arqus got you! Want to practise your languages, try the **Arqus Café**! Want to know more about a specific topic, check out our webinars and

conferences! To go deeper, discover an Arqus university for a week only with our summer and winter school!

- Student Agora
- The student-led Arqus Change Makers' Space (ACMS)
- Arqus Student Ambassadors Programme
- Arqus Alumni Mentorship Programme
- Arqus Inclusion & Diversity Hub
- Arqus plurilingual and intercultural hub

BECOME

- Becoming a member of the Alliance: Are you thinking of getting involved in your university? Why not do it by taking part in the decisional activities of the Alliance? You can join the Student Council and have your voice heard or become a member of the Student Agora and work with colleagues from all over Europe!

ACTIVITIES SCHEDULE/CALENDAR

As part of the Arqus programme, students are welcomed to join a series of activities at the beginning of their mobility to help them get to know each other, everything the Arqus Alliance Universities offer and what they have a right to. A detailed schedule of events and activities for the first few days of the induction process is provided, including dates, times and locations of events, as well as any important deadlines or information.

You can check the scheduled activities on [Events - Arqus](#)

YOUR VOICE MATTERS

This event is an open door in which students get to interact with the Arqus local team and each other, get to know better Arqus opportunities, and get to share their needs to Arqus ambassadors.

A series of testimonials of the Arqus students (success stories) are at the centre of the event. The proposed date for the event is October 18th - Arqus Day and the approximate time is 120 minutes (2 hours). The estimated number of participants is around 30-40 students. Personnel involved in the Arqus Student Agora will facilitate the initial group activity and the interaction. Everyone in the room will be given the opportunity to have an active role. The event will have 3 parts and will include welcoming, presentation of Arqus mobility opportunities for students and EU most demanded professional skills, testimonials of students and networking.

ARQUS CAFÉ

The Arqus Café is a virtual meeting place where students and staff members of the Arqus University Alliance can practise their foreign languages outside of language classes.

Here you can expand your language and cultural knowledge casually and with other language learners. You will have the support from language tutors who are not language teachers, but competent language speakers.

Please note that the cafés are not language courses, but an opportunity to use your foreign languages in a relaxed atmosphere and in a small group. Previous knowledge of the language of study is therefore useful, but not a must.

The language cafés take place via the video conference platform ZOOM and you have to register for the respective language café.

- **Become a language tutor!** Arqus café is constantly looking for volunteers to be language tutors and offer their first or native language. You will get to know students from the other eight Arqus universities!

Interested? Just fill out [this form](#) or send us an email.

- **Online Tandem Language.** If you want to learn more languages, get a tandem partner! In a [tandem](#), two people with different first or mother tongues help each other learn a language.

More information:

- Important information for the first Café: [Information for students](#)
- Contact to the Arqus Café Team: arqus_cafe@uni-leipzig.de
- [Impressions](#) from the Arqus Cafés 2020
- [Arqus Café](#) website

CAMPUS LIFE

Become an active part of your university's community. Think about joining extracurricular activities, clubs, sports or any other organisation your university offers. Be heard, be seen and be involved. Here are some ways to do that:

BE ACTIVE!

Join a sports club, participate in various competitions together with your team, representing your university or just exercise daily. Find an option that suits you on your university's website:

University of Granada	https://deportes.ugr.es
University of Graz	https://sportinstitut.uni-graz.at/de/
Leipzig University	https://www.zfh.uni-leipzig.de/hochschulsport
Université Lyon 1	https://etu.univ-lyon1.fr/activites/sport
Maynooth University	https://www.maynoothuniversity.ie/campus-life/student-life-sport/sports-facilities;

University of Minho	https://www.uminho.pt/EN/student-life/Sport/Pages/default.aspx
University of Padua	https://www.cuspadova.it/
Vilnius University	https://www.ssc.vu.lt/en/
University of Wrocław	https://uwr.edu.pl/en/student-life/sport/

BE YOUR UNIVERSITY'S STUDENT VOICE!

Take part in organising events, science conferences and be a student representative in university's governing bodies, shaping YOUR future university. Find more information about how to become a part of student council/union at your university, here:

University of Granada	http://ve.ugr.es/pages/asociacionismo/asociaciones Student council Debate club
University of Graz	https://oehunigraz.at/
Leipzig University	https://stura.uni-leipzig.de/en/fachschaftsraete/ https://www.chemie.uni-leipzig.de/en/faculty/associations
Université Lyon 1	https://etu.univ-lyon1.fr/activites/associations-etudiants
Maynooth University	https://mulife.ie/societies
University of Minho	https://www.uminho.pt/EN/student-life/livinginthecampi/Pages/student-unions.aspx ; https://www.uminho.pt/EN/student-life/livinginthecampi/Pages/Nucleos-de-estudantes.aspx
University of Padua	https://www.unipd.it/en/associations Student Council ; International Student Council
Vilnius University	https://www.vu.lt/en/about-vu/university-life/societies-clubs-associations
University of Wrocław	https://uwr.edu.pl/en/student-life/student-activity/

FIND LIKE-MINDED PEERS!

Enjoy debating? You are for all equal rights? Like to read poetry? Interested in investments? Would you like to write in your university's newspaper or have a radio podcast? Join the club that suits you. Where to find common/thinkers, search in your university's website:

University of Granada	https://casadelestudiante.ugr.es/ ; http://canal.ugr.es/
University of Graz	https://www.uni-graz.at/en/study/studying-at-the-university-of-graz/leisure-activities-for-students/
Leipzig University	https://www.leipzig-studieren.de/uni-leipzig/podcast
Université Lyon 1	https://etu.univ-lyon1.fr/activites/associations-etudiantes/liste-des-associations-etudiantes
Maynooth University	https://mulife.ie/ ; https://www.maynoothuniversity.ie/international/campus-connect-ambassadors ; https://www.maynoothuniversity.ie/international/international-student-experience-maynooth
University of Minho	https://www.uminho.pt/EN/student-life/livinginthecampi/Pages/Nucleos-de-estudantes.aspx
University of Padua	https://www.unipd.it/en/course/student-centred-services ESN Padova; Student Engagement Team; UDU - Studenti Per - Padova section ; ASU Padova
Vilnius University	https://www.vu.lt/en/about-vu/university-life/societies-clubs-associations
University of Wrocław	https://uwr.edu.pl/en/student-life/student-activity/

BE CREATIVE!

Music ensembles, orchestras, choirs, music bands, dance troupes, theatres and many more places to free your imagination and creativity. See what your university has to offer:

University of Granada	Tuna Femenina de medicina / UGR Orchestra and Choir
University of Graz	https://universitaetsorchester.uni-graz.at/en/ ; https://www.unichor-graz.com/english/
Leipzig University	https://www.uni-leipzig.de/en/university/structure/museums-and-collections/university-music
Université Lyon 1	https://etu.univ-lyon1.fr/activites/culture
Maynooth University	https://mulife.ie/
University of Minho	https://www.uminho.pt/EN/student-life/livinginthecampi/Pages/cultural-groups.aspx
University of Padua	Concentus Musicus Patavinus ; https://www.unipd.it/en/music-and-shows https://www.unipd.it/en/associations

Vilnius University	https://www.kultura.vu.lt/en/com-jdownloads-downloads/structure/student-art-groups
University of Wrocław	https://uwr.edu.pl/en/student-life/student-activity/organisations-and-teams/

BE A SCIENTIST!

Enjoy science more than anything? Join your science field clubs, organise and participate in science fairs and conferences and learn even more. Everything that your university offers is here:

University of Granada	https://casadelestudiante.ugr.es/ ; http://canal.ugr.es
University of Graz	https://www.uni-graz.at/en/study/students/
Leipzig University	https://www.uni-leipzig.de/en/studying/current-students/get-involved-and-try-something-new
Université Lyon 1	https://sciencespourtous.univ-lyon1.fr/
Maynooth University	https://mulife.ie/
University of Minho	https://www.uminho.pt/EN/student-life/livinginthecampi/Pages/Nucleos-de-estudantes.aspx
University of Padua	https://ilbolive.unipd.it/it/taxonomy/term/7213 ; Elsa - Padova Committee ; Zero energy building - UniZEB ; Enactus Padova
Vilnius University	https://www.vu.lt/en/about-vu/university-life/societies-clubs-associations
University of Wrocław	https://uwr.edu.pl/en/student-life/student-activity/

HAVE NOTHING TO DO?

Join your university's events and trainings that happens on your campus:

University of Granada	https://casadelestudiante.ugr.es/ ; http://canal.ugr.es / Students clubs and societies (all of them) - ESN Granada / Abierta UGR (Massive Online Open Courses)
University of Graz	https://www.uni-graz.at/de/studium/ https://www.uni-graz.at/de/veranstaltungen/?tx_news_pi1%5Bcontroller%5D=News&cHash=980a9d5598b032a24b56f8eaace42632

Leipzig University	https://www.chemie.uni-leipzig.de/en/faculty/news-portal#c348338
Université Lyon 1	https://etu.univ-lyon1.fr/actualites
Maynooth University	https://mulife.ie/ Events / Undergraduate events / Certificate courses
University of Minho	https://www.uminho.pt/PT/siga-a-uminho/Paginas/eventos.aspx
University of Padua	https://ilbolive.unipd.it/it/taxonomy/term/7213
Vilnius University	https://www.vu.lt/en/news-events/events
University of Wrocław	https://uwr.edu.pl/en/events/

CONTACTS

Provide contact information for key personnel, such as advisors, professors, and administrators, so that students can easily reach out for help or support (Arqus officers | Arqus Ambassadors).

student-agera@arqus-alliance.eu

ARQUS OFFICERS

University of Granada	arqus@ugr.es
University of Graz	arqus@uni-graz.at
Leipzig University	arqus@uni-leipzig.de
Université Lyon 1	arqus@univ-lyon1.fr
Maynooth University	maynooth@arqus-alliance.eu
University of Minho	arqus@uminho.pt
University of Padua	arqus@unipd.it
Vilnius University	julija.savicke@cr.vu.lt infor@cr.vu.lt
University of Wrocław	arqus@uwr.edu.pl

UNIVERSITIES WEBSITES

University of Granada	www.ugr.es/
University of Graz	https://www.uni-graz.at/en/studies/
Leipzig University	https://www.uni-leipzig.de/en
Université Lyon 1	https://www.univ-lyon1.fr/
Maynooth University	www.maynoothuniversity.ie/
University of Minho	https://www.uminho.pt/EN
University of Padua	https://www.unipd.it/en/
Vilnius University	https://www.vu.lt/en/ https://www.vusa.lt/en
University of Wrocław	https://casid.uwr.edu.pl/

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